



Day by Day Itinerary



Day 1 - Nov 3 Sunday - Arrive Kailua- Kona

Color: Mango with Hibiscus Pink

Plan your flight arrival at Kona airport around 12:00 pm. Meet at curb in front of baggage claim where the Leaders will collect you and your belongings according to grounded arrangements set in advance.

Check into the Kona Reef Resort at or after 3:00 pm.

Leaders will go over checking-in steps individually.

Pick up Snorkeling Equipment at Jacks Dive (buying) or Snorkel Bobs (renting).

6:00-7:30 pm Meditation - Workshop orientation, introductions - meet in Leaders' condo.

Group dinner catered by Carmen

Day 2 - Nov 4 Monday - Validating the Body

6:30 am Optional Snorkeling at Turtle Bay, AKA Kahalu'u Beach

9:30am-12:30pm: My Vision for My Future! The power of present time and creating my heart's desire.

Tool: Goals Triangle and Setting the Energy from Enthusiasm.

12:30 pm Catered Lunch with Group

1:00 - 5:00 pm - Free afternoon. Healings/readings and massages available with Spirits is Calling healing staff.

5:00 - 7:00 pm: Personal Goals Workshop: My Havingness in Present Time. Creating from validation and gratitude.

Tool: Journaling as a way to set the energy and manifest my havingness for what is important for ME.

Free evening

Day 3 - Nov 5 Tuesday - Affinity

6:30 am Optional Snorkeling

9:30am- 12:30 pm: Personal Goals Workshop: Validation for what I have now! Letting go of guilt, responsibilities and other's expectations.

Tool: Connecting to my own Goddess Vibration as a source of Personal Power.

12:00 pm: Lunch

1:00 - 5:00 pm - Free afternoon. Healings/readings and massages available with Spirits is Calling healing staff.

5:00-7:30pm: Owing My Very Unique Creativity! Reclaim my seniority from self doubts, uncertainty and invalidation.

Trance Channeling Healings on restoring the flow in your own creativity. Christy/Liz T



Day 4 - Nov 6 Wednesday - Havingness for Miracles

Optional side trip:

7:30 am : Special fun trip to a spectacular beach north of Kona - Beach 69. I kid you not, it is its name! We will hang out, chill out, snorkel in a very peaceful cove with turtles and possibly manta rays. The beach is in a great shady area.

Lunch on your own.

1:00 - 5:00 pm - Free afternoon. Healings/readings and massages available with Spirits is Calling healing staff..

5:00 - 7:00pm: Spiritual Goals and My Calling Workshop. What inspires me? What am I passionate about? What is my goddess power? Getting out of competition with myself and my goals. Knowing myself in joy and validation.

Getting out of super woman syndrome/perfect pictures. Being good to Me!

Free evening.



Day 5 - Nov 7 Thursday - Abundance

6:30 am Optional snorkeling

9:30am - 12:30 pm: Career Goals Workshop: Bringing my spirituality and personal power to my career/ work space. Creating a healthy eco-system in my career/workspace.

Tool: Bust the paradigm of "no pain no gain"! Female creative energy, grounding and running personal power.

12:30 Catered Lunch with group

2:00 pm - Depart for special side trip to Hapuna Beach.

And then dinner at Lava Lava on the beach.

Day 6 - Nov 8 Friday - Creating My Life in Balance

6:30 am Optional Snorkel

9:30 - 12:30 pm: Self Care Workshop: Tools to enjoy being Me! My body as a guilt free zone. All about ME baby! Intro to self care list - wellness and self care journaling.

Color: Neutral Healing Aqua Gold

12:30 pm Catered Lunch

2:00pm: Optional shopping expedition and/or snorkeling at "2 Steps".

5:00 - 6:30 pm: My Vision, My Goals and Highest Creativity. Seeing is having!!!

Clairvoyant hello to my goals!

Tools: Creating my vision board and journaling.

Free evening.



Day 7 - Nov 9 Saturday - More of ME!

6:30 am: Optional snorkeling

9:30am -12:30 pm: Integration of My Goals from the Spiritual World the Physical. Relaxing into "being more ME!!" Mary/Christy

12:30pm Group Lunch

1:00 - 5:00 pm - Free afternoon. Healings/readings and massages available with Spirits is Calling healing staff.

5 pm-7 pm: Committing to my Plan for Success: Success is inevitable! Connecting with my Personal Power.

Special presentation: Christy and Carmen Figueras

And party at local restaurant!!!!!!

(not included)

Day 8 - Nov 10 Sunday - More of Me - Travel Day

Departure to airport



Lead by Spiritual Journey Co-Leaders:

Carmen Figueras

Christy Carrico

Mary Raftery

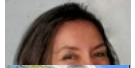
Carol Cilliers Blacshke



TRAVEL INFORMATION



This spiritual goals journey on the island of Hawaii, will help you learn to gain ownership and leadership of your life. Women who are leaders of their own lives become leaders in their fields and influence the world through the powerful expression of knowing who they are.



If you have spiritual tools or are new to them, this retreat will address your own spiritual growth. If you have been working goals for a long time or are new to looking at your goals, this retreat will help you master them in present time.



First we create the goals, and then we challenge the goals with adventures that take us out of our comfort zone. Each day we look at a different aspect of your life in goals workshops and healing adventures, identifying what you want, releasing what you do not want and creating space to let your wishes and dreams become realities.

Included in the Package:

- Seven nights accommodation – double occupancy at The Kona Reef Condominiums and Hale Kona Kai, Hawaii.
- Most lunches, check Itinerary for other included meals.
- Shared rental car and gas for group sanctioned activities exclusively.
- All workshops before and during retreat
- All intuitive counselings and healings during the workshops sessions
- Side trips to healing sites or other activities as noted in the itinerary
- Women's Creativity & Goals Workbook

Not Included in the Package:

- Airfare to Kona and back
- All special healings and massages
- Some meals
- All personal expenses Travel Insurance

Total Contribution: \$ 3895

Combo w/Magical Body/Spirit: \$5195.

Deduct \$200 if paid in full by July 1, 2024.

\$1500 Single Room Supplement (\$2100 Combo).

Minimum \$500 deposit must be paid in full by Sept. 1, 2024.

Payment Policy:

- A \$500 deposit must be paid to secure a reservation. This deposit is applied against the total Spiritual Journey cost.
- The remainder of the Spiritual Journey cost is fully due and must be paid no later than 120 days before the start of the Spiritual Journey.
- Cancellation prior to 120 days before departure: 100% refund minus \$150 administrative fee.
- A written cancellation notice must be received by Spirit is Calling 120 days before the Spiritual Journey begins for a refund to be granted. Both email or USPS are acceptable forms of notice.
- Cancellation after 120 days before departure: 100% of the cost of the Spiritual Journey is non-refundable.
- Attendees are encouraged to secure travel insurance to cover cancellations that may become necessary.
- In the event that Spirit is Calling cancels a Spiritual Journey, the amount paid towards the Spiritual Journey will be refunded in full.