



Women's Creativity & Goals

Detailed Itinerary October 27 - November 4, 2023

Day by Day Itinerary



Day 1 - OCT 27 Friday - Arrive Kailua- Kona

Plan your flight arrival at Kona airport around 12:00 pm.
 Meet at curb in front of baggage claim where the Leaders will collect you and your belongings according to grounded arrangements set in advance.
 Check into the Kona Reef Resort at or after 3:00 pm. Leaders will go over checking-in steps individually.
 Pick up Snorkeling Equipment at Jacks Dive (buying) or Snorkel Bobs (renting)
6:00-7:30 pm Meditation - Workshop orientation, introductions in Leaders condo.
 Group dinner catered by Carmen

Day 2 - Oct 28 Saturday - Validating the Body

6:30 am Optional Snorkeling at Turtle Bay, AKA Kahalu'u Beach
9:30am-12:30pm: "My Vision for My Future! Letting go of my past and creating my heart's desire.
Tool: Goals Triangle and Setting the Energy from Enthusiasm.
 12:30 pm Catered Lunch with Group
 1:00 pm- 5:30 pm - Special healings / readings and massages with Spirits is Calling healing staff.
5:30 - 7:30 pm: Personal Goals Workshop: My Havingness in Present Time. Tool: Journaling as a way to set the energy and manifest my having ness for what is important for ME.
 Free evening

Day 3 - Oct 29 Sunday - Affinity

6:30 am Optional Snorkeling
9:30am- 12:00 pm: Personal Goals Workshop: Knowing What I want! Only Possible if I let go of guilt, responsibilities and other's expectations.
Tool: Connecting to my own Goddess vibration as a source of Personal Power.
 12:00 pm: Lunch
1:30 pm: Depart for "Queen's Pond.

After a short hike on flat lava trail and following the coastal line we will discover this amazing site, a few feet away from a magnificent white sand beach: The Queen's fresh water pond, where the queen and the queen only would go to rinse off the salt water.

A chance to hang out at the queen's private white sand beach
 And then pupus and drinks at Foster's Kitchen.



Day 4 - Oct 30 Monday - Havingness for Miracles

Optional side trip: Dolphins and Whales (if the season has started early for whales)
adventure Contribution \$150.

7:00 am: Drive to Harbor for our Special Dolphin Charter boat encounter / swim. A morning full of adventure and surprises as we travel north on the Kona coast to remote bays and beaches only accessible by boat. Light snacks and drinks provided.

12:00 pm return to condos

Lunch on your own

1:00 pm- 5:00 pm Free Afternoon and Healings /reading sessions, Free evening

**5:00 - 7:30: Owing My Very Unique Creativity!
Reclaim My seniority from self-doubts, uncertainty and invalidation. TM Healings on restoring the flow in your Creativity space. Christy / Liz T**

Free evening



Day 5 Oct 31 Tuesday - Abundance

7:00 am Optional snorkeling

9:30am - 12:30 pm: Career Goals Workshop: Bringing my spirituality and personal power to my career/ work space. Creating a healthy eco-system in my career/workspace.

Tool: Bust the paradigm "no pain no gain"!

12:30 Catered Lunch with group

1:30 pm- 5 pm - Special healings / readings and massages with Spirits is Calling healing staff.

**5:00 - 7:00 pm: Spiritual Goals and your Calling Workshop
What inspires me? What am I passionate about? What is my Goddess Power? Knowing myself in joy and validation.**

Free evening

Day 6 Nov 1 Wednesday - Creating My Life in Balance

7:00 am Optional Snorkel

9:30 - 12:30 pm: Spiritual Goals Workshop: Getting out of competition with myself and my goals. Getting out of the Super woman syndrome /perfect pictures. Being Good to Me!

Tool: Female creative energy grounding.

12:30 pm Catered Lunch

Optional side trip to nearby Beach or

1:30 pm- 5 pm - Special healings / readings and massages with Spirits is Calling healing staff.

5:00 - 6:30 pm: My Vision, My Goals and Highest Creativity. Clairvoyant hello to my goals!

Tools: Creating my vision board and journaling.



Day 7 Nov 2 Thursday - More of ME!

6:30 am: Optional snorkeling

9:30am -12:30 pm Self Care Workshop - Tools to enjoy being ME: my body as a guilt free zone. All about ME, baby! Intro to Self Care List - Wellness and Self Care Journaling.

12:30pm Group Lunch

2:00 pm - Shopping expedition: Blue Ginger and Gem's

Optional snorkeling at 2 Steps!

Free evening

Day 8 Nov 3 Friday Manifesting!!!

7:00 am Optional Snorkeling

9:30 am-12:30 pm: Integration of my goals from the spiritual world to the physical. Relaxing into "being more ME".

Group Lunch Provided

1:00 pm - 5:00 pm Free Afternoon and Healings /reading sessions

5 pm-7 pm: Committing to my Plan for Success: Success is inevitable! Connecting with my Personal Power. Special presentation: Christy and Carmen Figueras

And party at local restaurant!!!!!!

(not included)

Day 9 Nov. 4 Saturday - More of ME - Travel Day Departure to airport





TRAVEL INFORMATION



Lead by Spiritual Journey Co-Leaders:



Carmen Figueras

Christy Carrico

Mary Raftery



Carol Cilliers Blacshke

This spiritual goals journey on the island of Hawaii, will help you learn to gain ownership and leadership of your life. Women who are leaders of their own lives become leaders in their fields and influence the world through the powerful expression of knowing who they are.



If you have spiritual tools or are new to them, this retreat will address your own spiritual growth. If you have been working goals for a long time or are new to looking at your goals, this retreat will help you master them in present time.

First we create the goals, and then we challenge the goals with adventures that take us out of our comfort zone. Each day we look at a different aspect of your life in goals workshops and healing adventures, identifying what you want, releasing what you do not want and creating space to let your wishes and dreams become realities.

Included in the Package:

- Eight nights accommodation – double occupancy at The Kona Reef Condominiums and Hale Kona Kai, Hawaii.
- Most lunches, check Itinerary for other included meals.
- Shared rental car and gas for group sanctioned activities exclusively.
- All workshops before and during retreat
- All intuitive counselings and healings during the workshops sessions
- Side trips to healing sites or other activities as noted in the itinerary
- Women's Creativity & Goals Workbook

Not Included in the Package:

- Airfare to Kona and back
- All special healings and massages
- Some meals
- All personal expenses Travel Insurance

Total Contribution: \$ 3895

Combo w/Dolphin: \$5195.

Deduct \$200 if paid in full by July 1, 2023..

Additional \$50 discount if paid by check or cash.

\$1500 Single Supplement (\$2100 Combo).

Minimum Deposit: \$500 Must be paid in full by Sept. 1, 2023.

Cancellation Fees:

- The date of the receipt of a written cancellation notice is considered to be the cancellation date. An email notice is acceptable.
- Cancellation prior to 120 days before departure: \$100 administrative fee.
- Cancellation 120 days before departure: 50% of total package cost
- Cancellation 60 days before departure: 80% of total package cost.
- Cancellation within 60 days before departure: 100% of total package cost.