

WEEKEND WORKSHOPS

CLAIRVOYANT MEDITATION

OFFERED BY



Spirit is Calling

and

sane LIVING

About Clairvoyant Meditation

Learn to recognize your own clairvoyant abilities, to have clearer insight. What is “clear seeing” for you? This workshop teaches you simple tools that help you manage and utilize your clairvoyant abilities.

Workshop Includes

- Introduction to Clairvoyant Meditation
- Learning to Ground your body and let go of negative energy.
- Center of Your Head - Your 3rd Eye, 6th Chakra
- The Concept of “Your Space” versus “Others Space”
- Using the “Gold Sun “tool to replenish your own life force energy.
- How to Run Your Own Unique Energy as a way to clear out your space.
- What is A Growth Period? How Spiritual change will affect your body?
- The Protection Rose Tool: to separate from external “problems”.
- What is Programming and How to Not Get Programmed.
- Havingness: Looking at your goals and creating room for them.
- Havingness: review and Mockup tool
- Your Next Steps: where do you go from here?

Classes are online in the Spirit is Calling Zoom Classroom & in person at the Sane Living Center in Ojai, CA.

Prerequisite: No prior training is needed.

Includes: 1 Free one-hour aura reading.

Contact:

Carmen Figueras

carmenf@spiritiscalling.com, 510.847.1466

Ojai local residents call or text

Carol at 925.323.9663

saneliving.com, 805.646.6000

Dates: February 25 - 27, 2022

Friday February 25, 6:30 pm - 9:00 pm PST

Saturday February 26, 10:00 - 12:30 pm PST

Sunday February 27, 11:00 - 1:30 pm PST

Dates: April 22 - 24, 2022

Friday April 22, 6:30 pm - 9:00 pm PST

Saturday April 23, 10:00 - 12:30 pm PST

Sunday February 24, 11:00 - 1:30 pm PST

Dates: June 24 - 26, 2022

Friday June 24, 6:30 pm - 9:00 pm PST

Saturday June 25, 10:00 - 12:30 pm PST

Sunday June 26, 11:00 - 1:30 pm PST

Dates: August 26 - 28, 2022

Friday August 26, 6:30 pm - 9:00 pm PST

Saturday August 27, 10:00 - 12:30 pm PST

Sunday August 28, 11:00 - 1:30 pm PST

Dates: November 18 - 20, 2022

Friday November 18, 6:30 pm - 9:00 pm PST

Saturday November 19, 10 - 12:30 pm PST

Sunday November 20, 11:00 - 1:30 pm PST



Rt. Rev. Liz Tregoning is a professional spiritual healer, teacher and leader. She has trained and worked for over 30 years with Spirit is Calling, The Berkeley Psychic Institute, and the Divine Healing Center. She offers clairvoyant readings and healings in her private practice and is a practicing artist and lover of the outdoors in Northern California.



Carol Cilliers Blaschke is a spiritual teacher, and professional healer and astrologer with over 30 years in the healing arts. She is a specialist in Astrology, Clairvoyance, Yoga, Rebirthing Breathwork, and Raw Foods. She offers individual counseling sessions in these areas and focuses on “aligning self”. She teaches with Spirit is Calling online and in Hawaii, and with Sane Living in Ojai, CA.