



SELF CARE CHECKLIST

Name

DOB

Phone #

email

Address

Date

BODY CONCERNS - please list all body concerns:

DISCLAIMER: WellnessAlchemy is a form of Healing Prayer, which is blessed by Jesus when he said, "What I can do, you can do also." WellnessAlchemy uses clairvoyance to look for and heal energetic and bioenergetic blockages. These are prayers only. I am not a medical doctor and do not promise cures. Please see a medical professional whenever necessary. WellnessAlchemy uses no hands-on component.